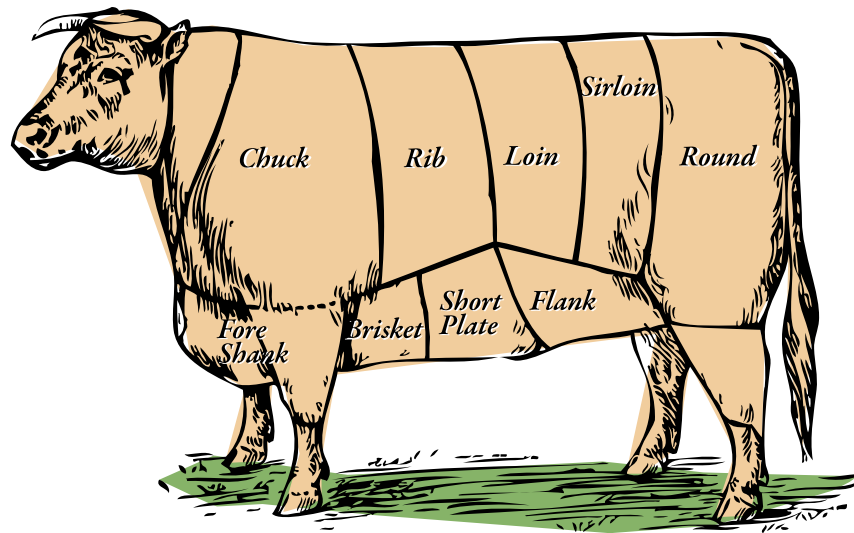
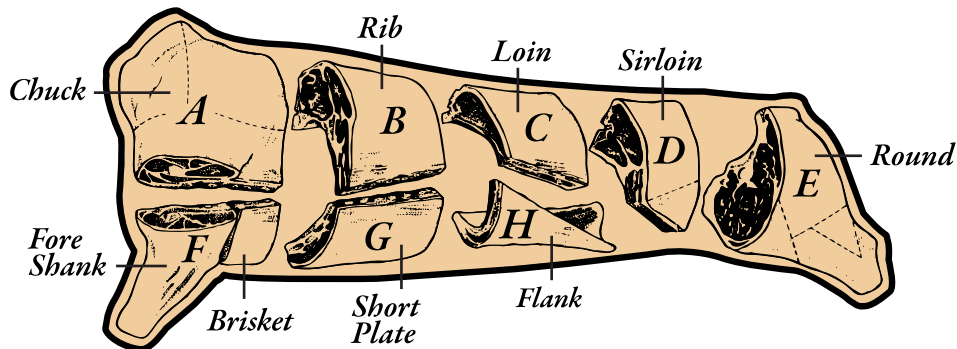


Beef Cuts



more specifically



- | | | | | |
|--|---|---|---|---|
| <p>A
Ground Beef
Blade Roast
Braising Ribs
Cross Rib Roast Bone-In
Cross Rib Roast Boneless</p> | <p>B
Rib Roast
Rib Steak
Rib Eye Roast
Back Ribs
Spencer Steak/Rib Eye Steak</p> | <p>C
Tenderloin Roast/Steak
T-Bone Steak
Porterhouse Steak
Striploin Steak</p> | <p>D
Boneless Sirloin Steak
Sirloin Steak
Tenderloin</p> | <p>E
Boneless Rump Roast
Top Round Roast
Round Steak
Bottom Round Roast
Eye Roast
Ground Beef
Minute Steak
Sirloin Tip</p> |
| <p>F
Ground Beef
Shank Steak</p> | <p>G
Beef for Stew
Ground Beef</p> | <p>H
Flank Steak
Ground Beef</p> | | |

If you have any questions not answered by the information contained in this site, please contact us.

Dave & Stephanie Reford | [Moylinny Farm](#) 1299 ch. de la Montagne Gatineau (Aylmer), QC J9J 3S3 Canada

E-mail: reford@videotron.ca | Tel: (819) 827-3594 | Fax: (819) 827-0583 | Web: www.refordbeef.ca

Beef Cut Yield Per Steer

Approximate ~Based on 569 lbs. take-home meat

Chuck - 209.5 lbs. total, which is 29% of the dressed/hanging/carcass weight

Blade Roasts and Steaks.....	33.9 lbs.
Ground Beef and Stew Meat	83.3 lbs.
Arm Pot Roasts and Steaks	35.5 lbs.
Cross Rib Pot Roast.....	25.4 lbs.
Fat and Bones.....	31.4 lbs.

Round - 155.8 lbs. total, which is 22% of the dressed/hanging/carcass weight

Top Round.....	34.6 lbs.
Bottom Round.....	31.2 lbs.
Tip.....	16.8 lbs.
Rump.....	7.8 lbs.
Ground Beef.....	33.4 lbs.
Fat and Bones.....	32 lbs.

Thin Cuts - 134.6 lbs. total, which is 19% of the dressed/hanging/carcass weight

Flank Steak.....	3.6 lbs.
Pastrami Squares	2.9 lbs.
Outside Skirt.....	2.2 lbs.
Inside skirt	2.5 lbs.
Boneless Brisket.....	16 lbs.
Ground Beef and Stew Meat	87.3 lbs.
Fat and Bone.....	20.1 lbs.

Short Loin - 115.7 lbs. total, which is 16% of the dressed/hanging/carcass weight

Tenderloin Steak	6.8lbs
Porterhouse Steak.....	19.6 lbs.
T-bone Steak.....	9.8 lbs.
Strip Steak.....	15 lbs.
Sirloin Steak.....	15.3 lbs.
Ground Beef and Stew Meat	22.7 lbs.
Fat and Bone.....	26.5 lbs.

Rib - 66.6 lbs. total, which is 9% of the dressed/hanging/carcass weight

Rib Roast	23.9 lbs.
Rib Steak.....	9.2 lbs.
Short Ribs	8.6 lbs.
Ground Beef and Stew Meat	16.5 lbs.
Fat and Bone.....	8.4 lbs.

Misc. - 32.7 lbs. total, which is 5% of the dressed/hanging/carcass weight

Kidney and Hanging Tender	4.9 lbs.
Fat, Suet and Cutting Loss	27.8 lbs.

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Custom Cutting Instructions

Customer Name: _____

Phone (H) _____ (W) _____ (C) _____

Primary Cuts

Please indicate the cut you want from each section by checking the appropriate box.

A

- Ground Beef
- Blade Roast
- Braising Ribs
- Cross Rib Roast Bone-In
- Cross Rib Roast Boneless

B

- Rib Roast
- Rib Steak
- Rib Eye Roast
- Back Ribs
- Spencer Steak/
Rib Eye Steak

C

- Tenderloin Roast/Steak
- T-Bone Steak
- Porterhouse Steak
- Striploin Steak

D

- Boneless Sirloin Steak
- Sirloin Steak
- Tenderloin

E

- Boneless Rump Roast
- Top Round Roast
- Round Steak
- Bottom Round Roast
- Eye Roast
- Ground Beef
- Minute Steak
- Sirloin Tip

F

- Ground Beef
- Shank Steak

G

- Beef for Stew
- Ground Beef

H

- Flank Steak
- Ground Beef

Other

- Shank Bones
- Marrow Bones
- Tongue
- Liver
- Heart
- Suet
- Oxtail
- Miscellaneous _____

Preferred Steak Thickness (1", 3/4" etc.) _____ Preferred # of Steaks Per Package _____

Preferred Ground Beef Package Weight:

- 1 lb. Pkg. 2 lb. Pkg. Other _____

Preferred Roast Size (3 lbs., 5 lbs. etc.):

_____ lbs.

Preferred Stew Beef Package Weight:

- 1 lb. Pkg. 2 lb. Pkg. Other _____

* We will call to review

your order prior to cutting.

Additional Comments:

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